

In the Classroom

Lesson 2

Budget to Save—Developing a Budget





Instructional objectives

Students will:

- Analyze personal goals to determine related and necessary financial goals.
- Create personal goals for a variety of time frames and develop related financial goals.
- Gather and use data to analyze personal spending.
- Develop a budget that allows personal saving.

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First, let's brainstorm

Achieving a goal requires identifying steps.

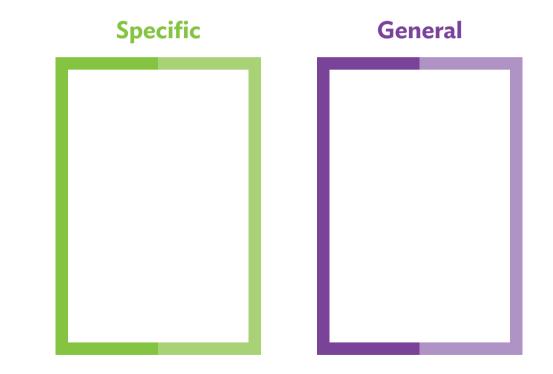
List the steps you need to take to earn an "A" in class.





Next, let's sort our steps

Now that you've listed your steps, you need to categorize them as specific or general.





What are SMART goals?

Specific Measurable Attainable Relevant Timely

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Does this example of a goal statement meet the SMART criteria?

I would like to work out 3 days a week for 30 minutes a day for the next 2 months. Specific
Measurable
Attainable
Relevant
Timely

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Your turn

Use your brainstorm responses to create a **SMART** goal for how you can earn an "A" in class.



Let's rewrite this goal into a SMART goal

Specific Measurable Attainable Relevant Timely

I want to do better at completing all my homework.







Write a SMART goal for each example



New cellphone Phone: \$600 Cellphone plan: \$50/month



Community college

Tuition: \$4,000/year Books: \$600/year Bus pass: \$50/month





Write a SMART goal for each example



Student competition trip

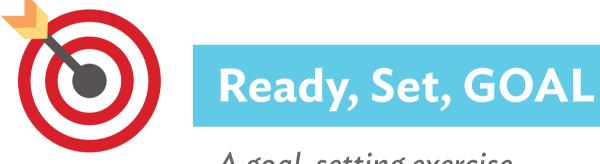
Plane ticket: \$500 Hotel: \$400 Food and souvenirs: \$300



New computer

Computer: \$1,200 Internet: \$75/month 2-year warranty: \$100

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Two types of goals



Personal goals

Example: Buy a car in 1 year



Financial goals

Example: Save for the down payment on a car



For each time frame, set one personal and one financial goal.

Use assessment 1 to record your answers.



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Before we create a budget, we must first understand **needs and wants** and **marginal decision-making**.



Needs and wants

Categorizing expenses into needs and wants is the first step in prioritizing spending decisions. Scarcity prohibits consumers from meeting all of their needs and wants, so people must make choices.



Needs Things we need to survive

Wants

Things we could live without



Marginal decision-making

The second step is marginal decision-making, when you consider additional costs incurred and benefits gained from choices.



Marginal costs

Costs include both monetary and opportunity costs (what you give up to get something).

Marginal benefits

Benefits include achieving a financial goal and the satisfaction received from consumption.



Marginal decision-making is the heart of economic decision-making and includes:

- The process of using marginal cost/benefit analysis.
- Decisions on "how much?" instead of "either/or."
- Choices that are not always yes/no but require analysis of spending habits and an understanding of your personal benefits vs. costs.







Exploring budgets

An important part of budgeting is identifying needs and wants, and marginal costs and benefits.

Needs

Things we need to survive

Wants

Things we could live without

Marginal decision-making

An incremental process in which costs are incurred and/ or some current benefit is sacrificed



Look at the handout 3 scenarios and record what you think is a need or a want.

Marginal decision-making



Karthik spends \$5-\$10 a day for coffee. What could Karthik change to save more?



Completing your consumption log

- Enter all of your consumption expenses for the past week or two.
- Identify each item as a need or want.
- Identify 3 items you consume that could be adjusted or modified if you changed your savings goal or had a change in income.



Why is a budget important?

A **budget** is an action plan to help you meet your financial goals.

A **budget** can help you:

- Understand where your money goes.
- Identify your needs and wants.
- Meet your savings goals.

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To develop a *budget*, you need to:

- Create goals.
- Track expenses.
- Categorize needs and wants.



Let's look at Riley's monthly budget and help him meet his savings goal.

Riley 17, High School Student

Riley currently spends all of his income from his part-time job as a server.

He would like to save \$100 a month.

What changes could Riley make to his budget?

Use handout 4 to record your answers.

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Riley's Monthly Budget

Assets	Current income
Part-time job	\$ 580
Lunch money from parents	80
Total income	\$ 660
Liabilities *Assumes 20 school days in a month	Current expenses
*Eating out at lunch (\$6 per school day)	\$ 120
Movie night with friends (\$20 per week)	80
Dinner with friends (\$12.50 per week)	50
Football games and snacks	20
Car insurance	140
New clothing	90
Gas	60
*Soft drink from vending machine (\$1 per school day)	20
Total expenses	\$ 660
	Current savings
Available to save (income - expenses)	\$ 0

How did you change Riley's budget?

Current income Income changes New income Assets Part-time job \$ \$ 580 Lunch money from parents 80 Total income \$ \$ 660 Spending changes Liabilities **Current expenses** New expenses *Eating out at lunch (\$6 per school day) \$ \$ 120 Movie night with friends (\$20 per week) 80 Dinner with friends (\$12.50 per week) 50 Football games and snacks 20 Car insurance 140 New clothing 90 Gas 60 *Soft drink from vending machine 20 (\$1 per school day) \$ **Total expenses** 660 \$ **Current savings** New savings Available to save (income - expenses) \$ \$ 0

Riley's New Monthly Budget

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Summarize learning objectives

Marginal decision-making involves making "how much," not "either/or," decisions.
Needs are things we need to survive.
Wants are things we could live without.



Summarize learning objectives

Setting **SMART** goals is an important part of financial planning.

Creating a **budget** is a way to help meet our financial goals.



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In the Classroom

Up Next: Lesson 3

Budget to Save—Put It in the Bank





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A Beginner's Guide to Securing Your Financial Future

Building Wealth is a personal finance education resource that presents an overview of wealth-building strategies for consumers, community leaders, teachers and students.



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For Consumers

I want to learn how to build wealth for myself and my family.

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For Community Leaders

I lead a group of adults interested in improving our personal finance skills.

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For Teachers

I teach financial education to high school or college students.

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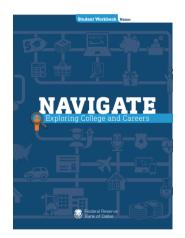
For Students

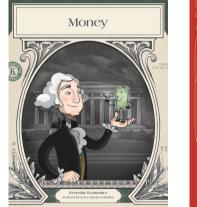
how to create personal wealth and meet my financial goals.

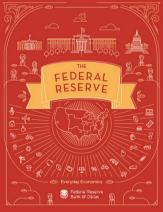
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