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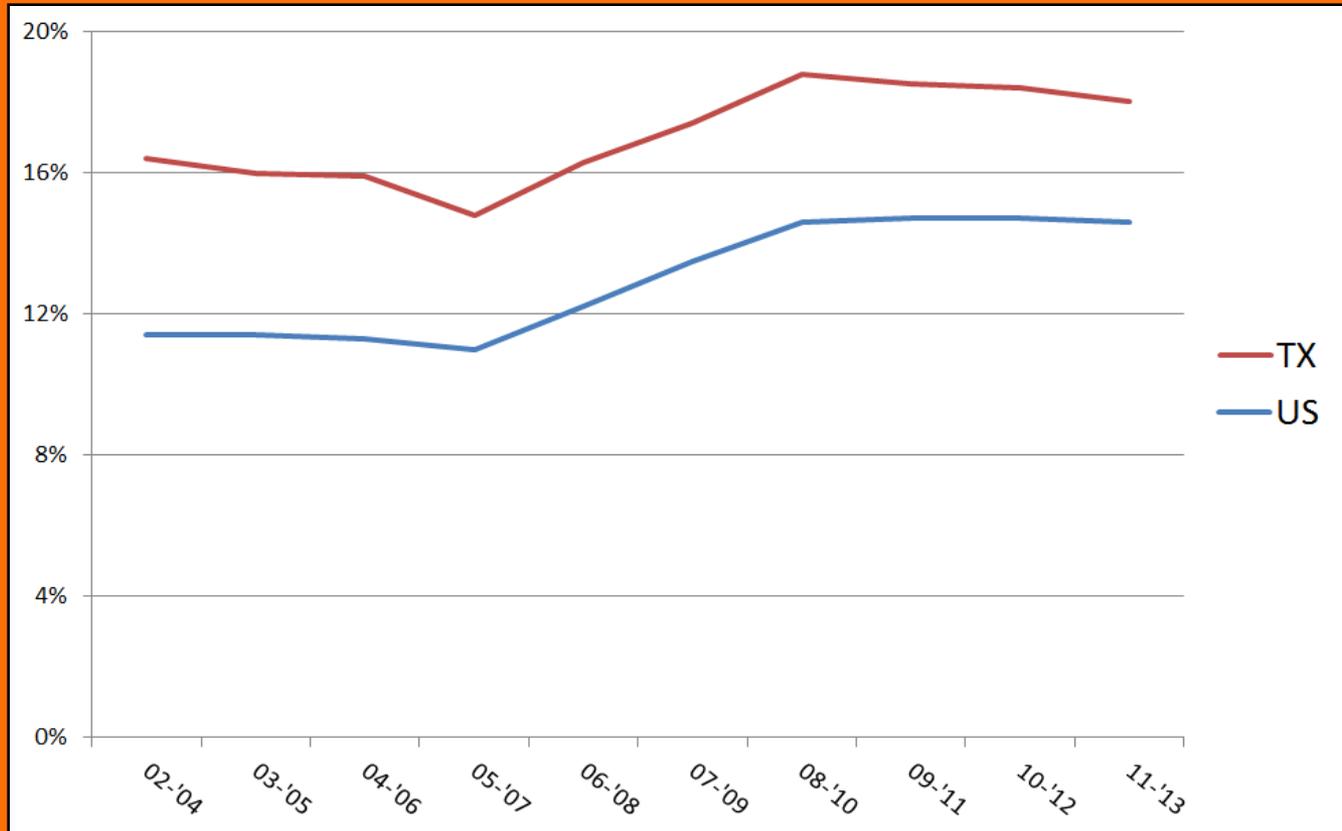
18% TEXAS HOUSEHOLDS
ARE 'FOOD INSECURE'

“1 in 6 Texas households struggles at times to put enough food on the table”

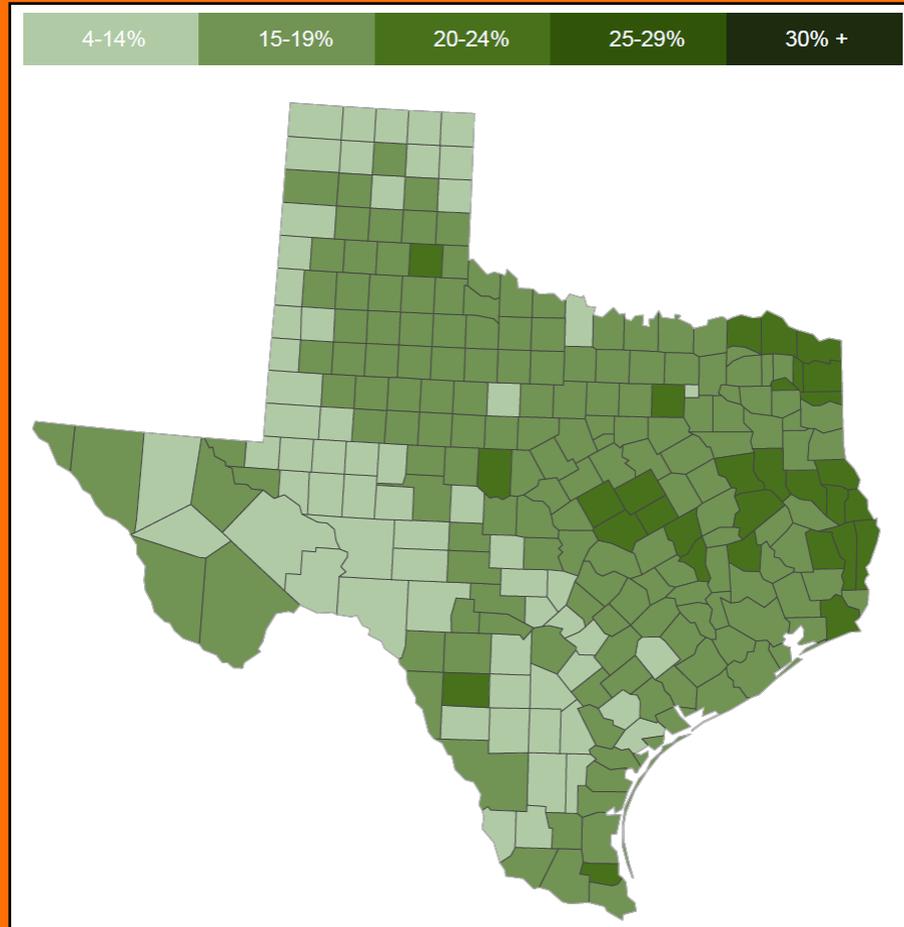


Where

ARE HOUSEHOLDS 'FOOD INSECURE'?



Source: USDA



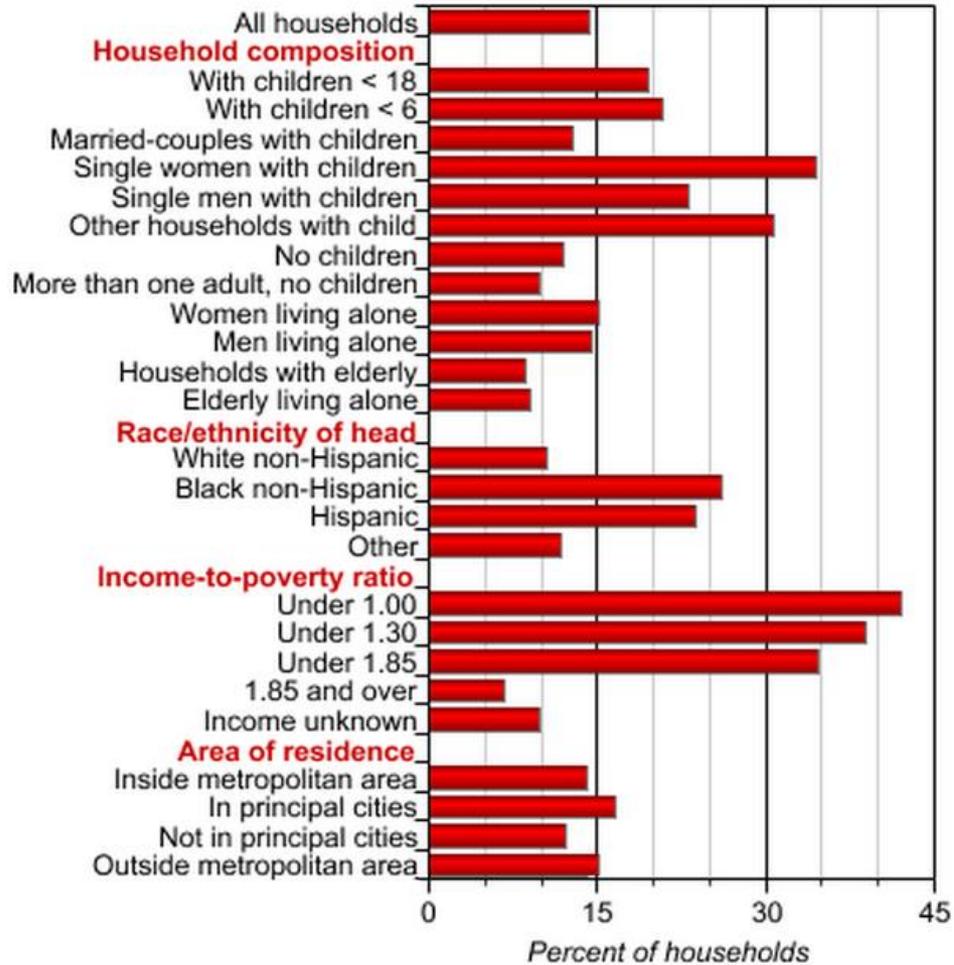
Source: Feeding America



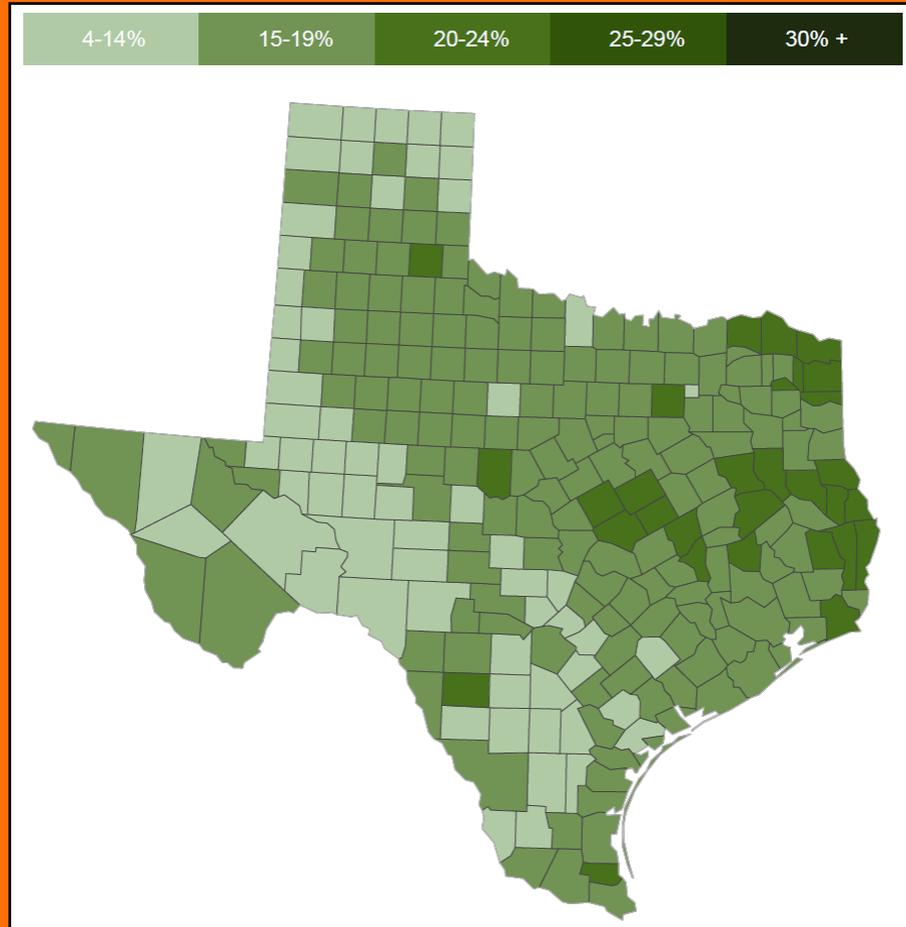
Who

IS 'FOOD INSECURE'?

Prevalence of food insecurity, 2013



Source: USDA



Source: Feeding America



Why

ARE HOUSEHOLDS 'FOOD INSECURE'?



In the last 12 months, did you / others ever eat less than you felt you should because there wasn't enough money for food?

“We couldn't afford to eat balanced meals.” Was that often, sometimes, or never true for your household in the last 12 months?

In the last 12 months, did your household ever cut the size of your meals or skip meals because there wasn't enough money for food?



In the last 12 months, did you / others ever eat less than you felt you should because there wasn't **enough money** for food?

“We couldn't afford to eat balanced meals.” Was that often, sometimes, or never true for your household in the last 12 months?

In the last 12 months, did your household ever cut the size of your meals or skip meals because there wasn't **enough money** for food?



Food insecurity

MAY BE UNDERSTOOD AS A PROXY FOR

Economic insecurity



UNEMPLOYMENT
POVERTY

HOME
OWNERSHIP



FOOD
INSECURITY

AS POVERTY AND
UNEMPLOYMENT
INCREASE
— AND —
HOME
OWNERSHIP
DECREASES

**FOOD INSECURITY
INCREASES**



Food insecurity

LEADS TO POOR HEALTH VIA TWO PATHS:

1. Poor diet
2. Trade-offs