

Handout 2

Guided Notes

Brainstorm and write down what steps are needed to earn an “A” in class.

Now, sort your goals listed above into the following categories:

Specific

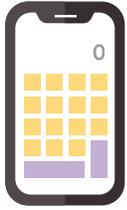
General

SMART Goals: Fill in the blank:

S	_____
M	_____
A	_____
R	_____
T	_____

Rewrite the following goal into a SMART goal:

I want to do better at completing all my homework.



Handout 2

Guided Notes, Cont.

Setting Goals

Write a goal to accomplish the up-front and ongoing cost for each purchase.

Buy a new cellphone

- a. Phone: \$600
- b. Cellphone plan: \$50/month

Pay for community college

- c. Tuition: \$4,000/year
- d. Books: \$600/year
- e. Bus pass: \$50/month

Pay for student competition trip

- f. Plane ticket: \$500
- g. Hotel: \$400
- h. Food and souvenirs: \$300

Purchase a computer

- i. Computer: \$1,200
- j. Internet: \$75/month
- k. Two-year warranty: \$100

Need

Want

Marginal Decision-Making
